

預防肺炎及 呼吸道傳染病

Prevention of **Pneumonia** and **Respiratory Tract Infection**



**經常保持
雙手清潔**

**Always keep
hands clean**

先蓋廁板再沖廁

**Put the lid down
before flushing**

**定期
注水入
U型隔氣**

**Add water to
the U-traps regularly**



**打噴嚏或咳嗽時
用紙巾掩蓋口鼻**

**Cover your mouth
and nose with tissue
paper when
sneezing or
coughing**



**如出現病徵，
應立即戴上口罩
及看醫生**

**Wear a mask and
seek medical advice
promptly if unwell**



**口罩要完全覆蓋
口、鼻和下巴**

**Fully cover your nose,
mouth and chin
with mask**



更多防疫資訊 For more information on tackling the disease:



衛生防護中心網站
Centre for Health Protection Website
www.chp.gov.hk



衛生防護中心Facebook專頁
Centre for Health Protection Facebook Fanpage
fb.com/CentreforHealthProtection

衛生署健康教育專線 **2833 0111**
Health Education Infoline of the Department of Health

