

## Quarantine Arrangements for Inbound Foreign Domestic Helpers (Updated on 25 July 2022)

**The Government announced the implementation of an upgraded electronic health declaration system on a trial basis starting from 0.00am on 28 July 2022 (Hong Kong Time), requiring inbound persons to complete the online electronic health declaration of the Department of Health and obtain a QR code before boarding their flights to Hong Kong. For details, please refer to the press release issued on 24 July 2022 ([Government trials upgraded electronic health declaration system to enhance arrival quarantine procedures](#)).**

Foreign domestic helpers (FDHs) who have been [fully vaccinated](#) and hold [recognised vaccination records](#) may come to work in Hong Kong. They have to undergo compulsory quarantine at a **quarantine hotel** upon their arrival in Hong Kong.

Same as other overseas inbound travellers, the basic quarantine requirement for FDHs is to undergo compulsory quarantine for 14 days in a quarantine hotel, but if they have opted for early discharge from compulsory quarantine and fulfilled relevant conditions, they will be considered as having completed compulsory quarantine after completing the seventh day of quarantine. They will need to continue to undergo self-monitoring on the following seven days and undergo compulsory tests. For details of the compulsory quarantine requirements for inbound travellers, please visit the [COVID-19 Thematic Website "Points to Note for Quarantine for Inbound Travellers"](#).

### List of quarantine hotels

Information on quarantine hotels (including room rates) is provided in the list of [quarantine hotels](#).

### Boarding documents

FDHs holding a valid travel document and a valid employment visa may enter/re-enter Hong Kong subject to meeting general immigration regulations. With effect from 1 April 2022, FDHs having been fully vaccinated and holding recognised vaccination records have to present the following documents before boarding a flight for Hong Kong if they have stayed in any place outside China during the relevant period (the day of boarding for/arrival at Hong Kong or during the 14 days before that day):

- (a) A [recognised COVID-19 vaccination record](#);
- (b) A [negative result proof of a polymerase chain reaction\(PCR\)-based nucleic acid test for COVID-19](#) conducted within 48 hours before the scheduled time of departure of the aircraft; and
- (c) [Confirmation of room reservation](#) at a quarantine hotel for 7 nights (if opting for early discharge from compulsory quarantine upon fulfilment of relevant conditions) or 14 nights (if not opting for early discharge from compulsory quarantine) starting on the day of arrival at Hong Kong. (Please refer to *"Reminders for employers and employment agencies"* below)

### Reminders for employers and employment agencies

- (a) Employers and employment agencies (EAs) should check the flight information and allow sufficient time for preparing the documents required and completing the procedures when arranging for their FDHs to come to Hong Kong. Employers and EAs should decide on FDHs' quarantine arrangement and

make reservation for a quarantine room for 7 nights or 14 nights accordingly. If there is any change to the reservation, FDHs should be alerted and given the most updated room reservation documents. For FDHs who would like to share a room with family members or companions, please [click here](#) to read Q13 of Frequently Asked Questions (For returnees) on the COVID-19 Thematic Website for relevant details.

Please note that according to the Standard Employment Contract (SEC) for FDHs, an employer shall provide the FDH with suitable accommodation free of charge. Examples of unsuitable accommodation include but are not limited to sharing a room with an adult/teenager of the opposite sex.

- (b) For FDHs holding a seven-night quarantine room confirmation, they have to undergo PCR-based nucleic acid tests on the 3rd and 5th days of arrival at Hong Kong. Their quarantine order will specify that if they, after completing the 7th day of quarantine and meeting the conditions for early completion of compulsory quarantine, i.e. the results of the PCR-based nucleic acid test conducted on the 5th day and the rapid antigen tests (RATs) conducted on the 6th and 7th days after arrival in Hong Kong are all negative, they will be considered as having completed compulsory quarantine and must leave the quarantine hotels. Relevant FDHs can commence work at their employers' residence on the 8th day after arrival in Hong Kong at the earliest, while continuing to undergo [self-monitoring](#) on the following seven days. They also have to undergo compulsory PCR-based nucleic acid testing by professional swab sampling on the 9th and 12th day of arrival at Hong Kong in a [community testing centre](#) or [mobile testing station](#) (for free), or at a [local testing institution recognised by the Government](#) (self-paid).
- (c) In view of the conditions of individual families, the Commissioner for Labour has given in-principle approval for employers to arrange FDHs to stay at licensed hotels/guesthouses, other than hotels for compulsory quarantine purpose, to complete the subsequent seven-day self-monitoring. It is not necessary to make a separate application to the Labour Department (LD).
- (d) Apart from the above arrangement, employers may also choose to allow their FDHs to complete the whole period of 14-day compulsory quarantine in the same quarantine hotel. In this regard, the FDHs should hold a 14-night quarantine room confirmation at a quarantine hotel when boarding their flight. These FDHs are required to stay in the room of the quarantine hotel to complete the 14-day quarantine and will not be arranged for an early completion of compulsory quarantine. They have to undergo PCR-based nucleic acid tests on the 3rd, 5th and 12th days of arrival at Hong Kong; and will be considered as having completed compulsory quarantine and may leave the quarantine hotel only after confirming their negative test results from the PCR-based nucleic acid test conducted on the 12th day and the RAT conducted on the 14th day.
- (e) If any test result of an FDH is positive during the period of compulsory quarantine, the FDH will be subject to appropriate isolation and treatment based on the 'multi-tiered triage' and treatment strategy. FDHs who are tested positive after arrival in Hong Kong but are asymptomatic and do not require medical care will be sent to community isolation facilities.
- (f) Employers and EAs must register using the real name as shown on the valid passport of the residing FDHs to reserve rooms of quarantine hotels. Before making reservation, employers and EAs must read carefully the terms and conditions of the relevant hotel. The Government suggests employers and EAs to confirm if their FDHs' vaccination records are [recognized](#) before booking flight tickets and hotel rooms. If an FDH is found to be coming to Hong Kong by using a fake vaccination record, the FDH might be sent to another quarantine facility and all hotel fees paid will not be refunded.

### Reminders for FDHs

The Government also reminds FDHs to strictly adhere to the boarding requirements. If an FDH is not able to meet the relevant requirements, the FDH may not be allowed to board a flight for Hong Kong or may be denied entry into Hong Kong upon arrival. Under the Prevention and Control of Disease (Regulation of Cross-boundary Conveyances and Travellers) Regulation (Cap. 599H), if a traveller coming to Hong Kong fails to comply with a requirement to provide information, or knowingly or recklessly provides any information that is false or misleading in a material particular, he or she is liable on conviction to the maximum penalty of a fine at level 3 (\$10,000) and imprisonment for six months. If any suspected breach is detected, apart from conducting investigations and considering taking out prosecution, the Government will also notify the relevant consulate-general in Hong Kong and the Immigration Department. The FDH's future applications for employment visas might be affected.

Under the Compulsory Quarantine of Persons Arriving at Hong Kong from Foreign Places Regulation (Cap. 599E), the Department of Health will issue compulsory quarantine orders to these returnees. According to quarantine orders, they shall neither leave their hotel rooms nor move around in the hotel during the entire quarantine period. Leaving designated rooms will be regarded as a breach of the quarantine order and constitutes a criminal offence. Offenders are subject to a maximum imprisonment for six months and fine of \$25,000.

In respect of compulsory testing, the Government reminds those FDHs opting for early discharge from compulsory quarantine upon fulfilment of relevant conditions that they have to undergo compulsory PCR-based nucleic acid testing by professional swab sampling on the 9th and 12th day of arrival at Hong Kong. Any person who fails to comply with the compulsory testing notice or compulsory testing direction commits an offence and the maximum penalty upon conviction is a fine at level 4 (\$25,000) and imprisonment for six months. The fixed penalty for discharging liability for the offence is \$10,000. The person may also be issued with a compulsory testing order requiring him/her to undergo testing within a specified timeframe. Failure to comply with the order is an offence and the offender would be liable to a fine at level 5 (\$50,000) and imprisonment for six months.

### Relevant Leaflets/ Points-to-note

- [Boarding and Quarantine Arrangements for Persons Arriving at Hong Kong](#)
- [Health Advice for Inbound Travellers during Compulsory Quarantine Period](#)
- [Points to Note when Staying in Hotel for Quarantine](#)
- [Points to Note regarding Self-monitoring Period for Inbound Travellers](#)

For the following languages, please see the part on “Health Quarantine Arrangements for Inbound Travellers” on the website of Centre for Health Protection of the Department of Health.

- Bahasa Indonesia: [www.chp.gov.hk/en/features/102790.html#HQA01](http://www.chp.gov.hk/en/features/102790.html#HQA01)
- Bengali: [www.chp.gov.hk/en/features/102796.html#HQA01](http://www.chp.gov.hk/en/features/102796.html#HQA01)
- Hindi: [www.chp.gov.hk/en/features/102743.html#HQA01](http://www.chp.gov.hk/en/features/102743.html#HQA01)
- Nepali: [www.chp.gov.hk/en/features/102786.html#HQA01](http://www.chp.gov.hk/en/features/102786.html#HQA01)
- Tagalog: [www.chp.gov.hk/en/features/102791.html#HQA01](http://www.chp.gov.hk/en/features/102791.html#HQA01)
- Thai: [www.chp.gov.hk/en/features/102788.html#HQA01](http://www.chp.gov.hk/en/features/102788.html#HQA01)
- Sinhala: [www.chp.gov.hk/en/features/102799.html#HQA01](http://www.chp.gov.hk/en/features/102799.html#HQA01)
- Urdu: [www.chp.gov.hk/en/features/102787.html#HQA01](http://www.chp.gov.hk/en/features/102787.html#HQA01)
- Vietnamese: [www.chp.gov.hk/en/features/102797.html#HQA01](http://www.chp.gov.hk/en/features/102797.html#HQA01)

### Enquiries

For enquiries, please contact LD on the dedicated FDH hotline at 2157 9537 (manned by “1823”) or by email to [fdh-enquiry@labour.gov.hk](mailto:fdh-enquiry@labour.gov.hk).