

Quarantine Arrangements for Inbound Foreign Domestic Helpers (Updated on 23 August 2022)

Quarantine arrangement

Foreign domestic helpers (FDHs) who are coming to work in Hong Kong from 12 August onwards will be subject to quarantine under the “3+4” model (same as other overseas inbound travellers), i.e. they will be subject to compulsory quarantine in designated quarantine hotels (DQHs) for three days, followed by medical surveillance at home for four days. They are required to take multiple tests during the medical surveillance and the subsequent three-day monitoring period. They will be subject to Amber Code restrictions under the Vaccine Pass during medical surveillance period, and are not allowed to enter high-risk premises involving mask-off or group activities, as well as other premises requiring key protection (Please see (h) under “Reminders for employers and employment agencies” below).

Details on quarantine and testing arrangements under the “3+4” model:

First day of arrival (Day 0)	<ul style="list-style-type: none"> ● Undergo the first nucleic acid test;
3-day compulsory quarantine (Day 1 to Day 3)	<ul style="list-style-type: none"> ● Undergo compulsory quarantine for three nights in DQHs (Information on DQHs (including room rates) is provided in this list); ● Conduct daily rapid antigen tests (RATs); ● Conduct nucleic acid test on Day 2 in DQHs; and ● Completion of compulsory quarantine on Day 3 morning upon obtaining consecutive test results;
4-day medical surveillance (Day 4 to Day 7)	<ul style="list-style-type: none"> ● Undergo medical surveillance for four nights at their employers’ residence or licensed hotels or guesthouses that are not DQHs; ● Conduct daily RATs; ● FDHs can work at their employers’ residence and go out after obtaining negative results of RATs on that day, but they will be subject to Amber Code restriction under the Vaccine Pass; and ● After obtaining negative results of RATs on Day 4 and Day 6, they are required to undergo nucleic acid tests on the same days at a community centre (for free), a mobile specimen collection station (for free), or arrange a self-paid test at a local medical institution recognized by the Government;
Continuous Monitoring and testing (3-day self-monitoring) (Day 8 to Day 10)	<ul style="list-style-type: none"> ● Undergo self-monitoring for three nights at their employers’ residence or licensed hotels or guesthouses that are not DQHs; ● Conduct daily RATs; ● FDHs can work at their employers’ residence and go out after obtaining negative results of RATs on that day, but they will no longer be subject to Amber Code restriction under the Vaccine Pass; and ● After obtaining negative result of RAT on Day 9, they are required to undergo the last nucleic acid test on the same day at a community centre (for free), a mobile specimen collection station (for free), or arrange a self-paid test at a local medical institution recognized by the Government.

For example: If an inbound FDH arrives at Hong Kong on 12 August, the day of arrival is Day 0. They will complete quarantine in DQH in the morning of Day 3 (15 August), and complete medical surveillance in the morning of Day 7 (19 August). During the medical surveillance and subsequent self-monitoring period, the FDH has to undergo daily RAT tests from Day 4 (16 August) to Day 10 (22 August) (both days inclusive) and nucleic acid tests on Day 4 (16 August), Day 6 (18 August) and Day 9 (21 August).

Transitional arrangement: As for FDHs who have completed at least three nights of quarantine in DQHs before 12 August, the Government will arrange for them to leave the hotels in an orderly manner from August 9 to 12 after confirming their negative nucleic acid test results. After leaving DQHs, FDHs are subject to medical surveillance at home, Amber Code restrictions under the Vaccine Pass, and nucleic acid tests on Day 4, Day 6 and Day 9 if they have already left DQHs on those days. They should also continue to undergo RATs daily.

Boarding requirements

FDHs holding a valid travel document and a valid employment visa may enter/re-enter Hong Kong subject to meeting general immigration regulations. Boarding requirements for fully vaccinated FDHs who have stayed in any place outside China during the relevant period (the day of boarding for/arrival at Hong Kong or during the 14 days before that day) are as follows:

- a. (i) Negative result proof of a PCR-based nucleic acid test for COVID-19 within 48 hours; or (ii) documentary proof to show that they were infected with the virus 14 to 90 days prior to boarding for Hong Kong, together with a negative result proof of an RAT conducted within 24 hours of the scheduled time of departure.
- b. Health declaration QR code (including declaration of [vaccination record](#)) (Please see “Procedures of boarding for Hong Kong and arrival quarantine and testing” below); and
- c. (If the health declaration QR code is not Green) [Confirmation of room reservation](#) for 3 nights starting on the day of arrival at Hong Kong in a DQH

Procedures of boarding for Hong Kong and arrival quarantine and testing

Starting 0.00am on 12 August 2022 (Hong Kong time), all FDHs boarding flights to Hong Kong are required to meet the boarding requirements by completing the online Health & Quarantine Information Declaration of the Department of Health (www.chp.gov.hk/hdf/) in advance, declare record of completion of vaccination and provide information on booking at DQHs. Upon successful confirmation of the DQH booking information by the system, FDHs will receive a green health declaration QR code. Persons holding a green health declaration QR code will not be required to further verify vaccination records and confirmation of DQH booking during check-in for their flights. Upon arrival at Hong Kong, they can also use the “express channels” with the green health declaration QR code and board the point-to-point transportation to DQHs.

As for inbound FDHs whose vaccination declaration meets the boarding requirements but the system is unable to confirm their DQH booking information, they will be issued a pink health declaration QR code. They will be required to present DQH booking documentation upon check-in for their flights.

Persons boarding flights have to present the health declaration QR code (which can be a downloadable version of the QR code, a screen shot or a printout) at check-in for verification by airlines for boarding.

For details on the above arrangements, please refer to the press release issued by the Government on 8 August (www.info.gov.hk/gia/general/202208/08/P2022080800803.htm).

Reminders for employers and employment agencies

- (a) Employers and employment agencies (EAs) should check the flight information and allow sufficient time for preparing the documents required and completing the procedures when arranging for their FDHs to come to Hong Kong. Employers and EAs should make reservation for a quarantine room for 3 nights for their FDHs. If there is any change to the reservation, FDHs should be alerted and given the most updated room reservation documents. For FDHs who would like to share a room with family members or companions, please [click here](#) to read Q13 of Frequently Asked Questions (For returnees) on the COVID-19 Thematic Website for relevant details.

Please note that according to the Standard Employment Contract for FDHs, an employer shall provide the FDH with suitable accommodation free of charge. Examples of unsuitable accommodation include but are not limited to sharing a room with an adult/teenager of the opposite sex.

- (b) In view of the conditions of individual families, the Commissioner for Labour has given in-principle approval for employers to arrange FDHs to stay at licensed hotels/guesthouses, other than hotels for compulsory quarantine purpose, to complete the four-day medical surveillance and subsequent three-day self-monitoring. It is not necessary to make an application to the Labour Department (LD). If employers or EAs wish to arrange FDHs to undergo medical surveillance and self-monitoring in licensed hotels or guesthouses that are not DQHs, please press [here](#) for the list of licensed hotels and guesthouses.
- (c) Employers and employment agencies (EAs) should remind FDHs to complete the online Health & Quarantine Information Declaration of the Department of Health (www.chp.gov.hk/hdf) in advance, declare record of completion of vaccination and provide information on booking at DQHs in order to obtain a green health declaration QR code (which can be a downloadable version of the QR code, a screen shot or a printout) for verification by airlines for boarding.
- (d) FDHs who have completed 3-night compulsory quarantine at DQHs can commence work at their employers' residence on the Day 4 at the earliest, while continuing to undergo 4-day medical surveillance and then 3-day self-monitoring. **They are required to undergo daily RAT tests from Day 4 to Day 10 (both days inclusive), and nucleic acid test on Day 4, Day 6 and Day 9 at a community centre (for free), a mobile specimen collection stations (for free), or arrange a self-paid test at a local medical institution recognized by the Government after obtaining negative results of RATs on the same day. FDHs have to keep all the SMS (mobile phone text message) notifications containing the results of the test as well as photos of the RAT test results for checking by prescribed officers;**
- (e) If FDHs who have completed at least three nights of quarantine in DQHs before 12 August were allowed to leave DQHs, they will also be subject to medical surveillance and self-monitoring at their employers' residence or licensed hotels or guesthouses that are not DQHs, Amber Code restrictions under the Vaccine Pass (during medical surveillance), as well as daily RATs and nucleic acid tests on Day 4, Day 6 and Day 9 if they have already left DQHs on those days. According to the agreement between the Government and DQHs,

should there be any reduction of compulsory quarantine period due to change of quarantine policy, DQHs need to refund the room fee for the remaining days to the booker.

- (f) Employers and EAs must register using the real name as shown on the valid passport of the residing FDHs to reserve rooms of quarantine hotels. Before making reservation, employers and EAs must read carefully the terms and conditions of the relevant hotel.
- (g) FDHs subject to Amber Code during medical surveillance can conduct daily essential activities of lower risks, e.g. taking transport, entering supermarkets and markets, etc.
- (h) Persons under the category of Amber Code cannot enter the following premises subject to “active checking” of the Vaccine Pass and other premises in the capacity of a customer or visitor:
 - Premises regulated under the Prevention and Control of Disease (Requirements and Directions) (Business and Premises) Regulation (Cap. 599F) which are subject to “active checking” of the Vaccine Pass:
 - Premises required to use the QR Code Verification Scanner and is regulated under Cap. 599F, i.e. catering business premises (including bars or pubs), amusement game centres, bathhouses, fitness centres, places of amusement, indoor places of public entertainment, party rooms, beauty parlours and massage establishments, club houses, clubs or nightclubs, karaoke establishments, mahjong-tin kau premises, indoor sports premises, swimming pools, cruise ships, indoor event premises, barber shops or hair salons and religious premises.
 - Premises required to inspect the Vaccine Pass visually as far as feasible, i.e. outdoor places of public entertainment, outdoor sports premises and outdoor event premises.
 - Other premises: residential care homes for the elderly, residential care homes for persons with disabilities, schools and designated healthcare premises.

Reminders for FDHs

The Government also reminds FDHs to strictly adhere to the boarding requirements. If an FDH is not able to meet the relevant requirements, the FDH may not be allowed to board a flight for Hong Kong or may be denied entry into Hong Kong upon arrival. Under the Prevention and Control of Disease (Regulation of Cross-boundary Conveyances and Travellers) Regulation (Cap. 599H), if a traveller coming to Hong Kong fails to comply with a requirement to provide information, or knowingly or recklessly provides any information that is false or misleading in a material particular, he or she is liable on conviction to the maximum penalty of a fine at level 3 (\$10,000) and imprisonment for six months. If any suspected breach is detected, apart from conducting investigations and considering taking out prosecution, the Government will also notify the relevant consulate-general in Hong Kong and the Immigration Department. The FDH’s future applications for employment visas might be affected.

Under the Compulsory Quarantine of Persons Arriving at Hong Kong from Foreign Places Regulation (Cap. 599E), the Department of Health will issue compulsory quarantine orders to these returnees. According to quarantine orders, they shall neither leave their hotel rooms nor move around in the hotel during the entire quarantine period. Leaving designated rooms will be regarded as a breach of the quarantine order and constitutes a criminal offence. Offenders are subject to a maximum imprisonment for six months and fine of \$25,000.

In respect of compulsory testing, the Government reminds FDHs to undergo daily RAT tests from Day 4 to Day 10 and nucleic acid test on Day 4, Day 6 and Day 9. They also have to keep all the SMS (mobile phone text message) notifications containing the results of the test as well as photos of the RAT test results for checking by prescribed officers. Any person who fails to comply with the compulsory testing notice or compulsory testing direction commits an offence and the maximum penalty upon conviction is a fine at level 4 (\$25,000) and imprisonment for six months. The fixed penalty for discharging liability for the offence is \$10,000. The person may also be issued with a compulsory testing order requiring him/her to undergo testing within a specified timeframe. Failure to comply with the order is an offence and the offender would be liable to a fine at level 5 (\$50,000) and imprisonment for six months.

Relevant information

- [The Government's press release of 8 August 2022 on "Government announces adjustments to quarantine arrangements for inbound persons"](#)
- [LD's press release of 10 August 2022 on "Latest quarantine arrangement for foreign domestic helpers"](#)
- [Boarding and Quarantine Arrangements for Persons Arriving at Hong Kong](#)
- [Health Advice for Inbound Travellers during Compulsory Quarantine Period](#)
- [Points to Note when Staying in Hotel for Quarantine](#)
- [Points to Note regarding Self-monitoring Period for Inbound Travellers](#)
- [The Government's press release of 8 August 2022 on "Government announces enhanced Vaccine Pass function"](#)

For the following languages, please see the part on "Health Quarantine Arrangements for Inbound Travellers" on the website of Centre for Health Protection of the Department of Health.

- Bahasa Indonesia: www.chp.gov.hk/en/features/102790.html#HQA01
- Bengali: www.chp.gov.hk/en/features/102796.html#HQA01
- Hindi: www.chp.gov.hk/en/features/102743.html#HQA01
- Nepali: www.chp.gov.hk/en/features/102786.html#HQA01
- Tagalog: www.chp.gov.hk/en/features/102791.html#HQA01
- Thai: www.chp.gov.hk/en/features/102788.html#HQA01
- Sinhala: www.chp.gov.hk/en/features/102799.html#HQA01
- Urdu: www.chp.gov.hk/en/features/102787.html#HQA01
- Vietnamese: www.chp.gov.hk/en/features/102797.html#HQA01

Enquiries

Department of Health

- Centre for Health Protection Hotline: 2125 1111 / 2125 1122 / 183 0111
- Compulsory Testing Hotline: 6275 6901
- HKSAR Government COVID-19 WhatsApp Helpline: 9617 1823

LD

For enquiries, please contact LD on the dedicated FDH hotline at 2157 9537 (manned by "1823") or by email to fdh-enquiry@labour.gov.hk.